



Periodontal Therapy Programme

We can clean your teeth and gums as well as offer advice on your daily oral hygiene routine. Routinely having your teeth and gums professionally cleaned can help prevent tooth decay, gum disease and problems such as bad breath. We at Dental Sense strongly believe in prevention and our highly skilled hygienist/therapist plays a central role in this.

Periodontics involves the diagnosis, treatment and prevention of gum disease. Periodontal disease can occur at any age and over half of all people over the age of 18 have some form of the disease. Unfortunately, the disease process is usually asymptomatic and painless however can be easily detected during regular dental examinations. The most common type of periodontal disease are gingivitis and periodontitis, for patients with periodontitis (advanced gum disease) a full periodontal exam may be indicated.

Gum disease can cause bad breath, receding gums and loose teeth and is the leading cause of tooth loss.

ROUTINE HYGIENE TREATMENT (HYG) - 30mins **£42.50**

- Full mouth scaling and polishing.
- Removal of stains from tea, coffee, smoking etc
- Oral hygiene Instruction /Reinforcement
- Ideal way to maintain optimal gingival (gum) and dental health

INITIAL PERIODONTAL THERAPY (IPT) – 60min approx **£85.00**

- Assessment of pt's periodontal status
- X rays where required to aid diagnosis and treatment planning
- Pt to be disclosed & OHI given
- Supra gingival scaling and removal of gross deposits.
- For patients with signs and or symptoms of gum disease.
- For those that would like to achieve optimal dental health.
- For patients that have not had hygiene treatment for over 2yrs.
- Prior to or to complement any extensive treatments.

PERIODONTAL THERAPY (PT) – per quadrant **£97.00**

- OH reinforcements
- Supra and Sub gingival debridement over 2-4 visits, depending on severity of disease identified at the assessment.
- Typically treatment will be done in quadrants/ one side at a time.
- With use of topical/ local anaesthetic to allow access into deep pockets where necessary.
- For patients with clinically/radiographically identified periodontal disease.
- Suitable for non surgical treatment/management of all forms of periodontal disease.

Oral hygiene aids such as Tepe Brushes, Tooth brushes and mouthwashes are all available from our reception at very competitive prices.

SUPPORTIVE PERIODONTAL THERAPY (SPT) - 60mins **£85.00**

- 8 weeks post treatment
- Reassessment of Periodontal Health
- OH and Technique Reinforcement
- Re-debridement of areas not responding to initial treatment

CONTINUING CARE (CC) 30min **£42.50**

- Maintenance of periodontal status once achieved.
- Recall period to maintain long term periodontal health will be discussed on completion of treatment as will vary from person to person.
- Discuss any further long term cosmetic/restorative treatment options should you require.

COMMENTS
